

PRODUCT INFORMATION

One dinosaur-shaped tablet typically provides:

		%RDA*			%RDA*
Vitamin A (1200iu)	360µg RE	45	Pantothenic acid (vitamin B5)	4mg	67
Vitamin D2 (50iu)	1.25µg	25	Calcium	25mg	3
Vitamin E (10iu)	6.67mg α-TE	56	Iron	2mg	14
Vitamin C	80mg	100	Magnesium	22mg	5
Thiamin (vitamin B1)	3mg	273	Zinc	2mg	20
Riboflavin (vitamin B2)	4mg	286	Iodine (from Kelp)	60µg	40
Niacin (vitamin B3)	4mg NE	25	Selenium	5µg	9
Vitamin B6	3mg	214	Manganese	0.5mg	25
Folic acid	15µg	8	Chromium	5µg	12.5
Vitamin B12	2µg	80	Silicon	5mg	
Biotin	15µg	30			

*RDA = Recommended Daily Allowance (new 2009 values)

May not be suitable for people with a fish or crustacean allergy.

DOES NOT CONTAIN: sucrose, salt, wheat, gluten, yeast, lactose, dairy products, animal products, artificial preservatives, colours or flavourings.

This bottle has a UV filter.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

DINOCHIEWS

CHILDREN'S CHEWABLE

vitamin and
mineral formula
with natural flavours

90 tablets

VEGAN

FOOD SUPPLEMENT

DINOCHIEWS

90 tablets

children's vitamin and mineral formula
with sugar and sweetener

(sugar is fructose)

DIRECTIONS: chew 3 tablets a day (children over 10 years); chew 2 tablets a day (children aged 7-9 years); chew 1 tablet a day (children aged 4-6 years); or crush and sprinkle on desserts. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Contains vitamin A. Do not take if pregnant or planning pregnancy. **These tablets are not sweets. Ensure they are kept out of sight and reach of children.** B vitamins may turn urine bright yellow - this is normal.

INGREDIENTS: Fructose, sweetener: sorbitol; raspberry, bulking agent: natural *Lithothamnion calcarea*; sodium ascorbate, magnesium oxide, apricot, blackcurrant juice, beetroot juice concentrate, ascorbic acid, thickener: carrageenan; d-alpha tocopherol acetate, anti-caking agent: magnesium stearate*; cranberry juice, riboflavin, niacinamide, thiamine mononitrite, pyridoxine HCl, ferrous fumarate, natural kelp, anti-caking agent: silicon dioxide; zinc citrate, raspberry flavour, calcium d-pantothenate, silicon dioxide; blackcurrant flavour, vitamin A acetate*, cyanocobalamin*, manganese citrate, d-biotin, l-selenomethionine, folic acid, ergocalciferol*, chromium picolinate. * (non-animal source)

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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