Chamomile helps reduce occasional mild anxiety and upset stomach, and Melatonin helps reduce occasional sleeplessness. BioPerine® improves absorption of the nutrients.\*

Suggested Use: Take one capsule before sleep.

Precautions/Warnings: Do not use if bottle seal is missing, torn or damaged. If you are pregnant, nursing, taking any medication or have a medical condition, consult your healthcare practitioner before taking any dietary supplement. Store in a cool place.

Keep out of reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Patent numbers: BioPerine® US 5,536,506, US 5,744,161, US 5,972,382, US 6,054,585, EP0810868 "IP3953513, CA2247467



## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving	% Daily Value	
Chamomile Flower Powder	400 mg	*
Melatonin	4 mg	*
Black Pepper Fruit Extract (BioPerine®)	5 mg	*

\*\* Daily Value Not Established
Other Ingredients: Rice flour.

**BioPerine®** is a registered trademark of Sabinsa Corporation.

Manufactured in **USA** from imported ingredients by Sabinsa Corporation for **America's Finest, Inc. (AFI)**East Windsor, NJ 08520, USA

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