## PRODUCT INFORMATION

Two tablets typically provide: Collagen hydrolysate (marine, non shark) providing hydroxyproline and hydroxylysine in

minimum protein content.

1400mg

INGREDIENTS: Hydrolysed collagen (from fish [including tilapia and Nile perch]), bulking agent: natural Lithothamnion calcarea; bulking agent: microcrystalline cellulose; flow agent: magnesium stearate\*; zein protein coating.

combination with other amino acids to a 91%

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.





\*(vegetarian source)

Charitable organisations policy: supplements regularly donated

## HIGHER NATURE



## **HIGH STRENGTH** COLLAGEN

pure marine collagen for healthy joints, cartilage & tendons

3 tablets **FOOD SUPPLEMENT** 

## HIGH STRENGTH COLLAGEN 3 tablets

pure marine collagen for healthy joints, cartilage & tendons

**DIRECTIONS:** Ideally take 2 or more tablets a day, 30 minutes before meals or 2 hours after meals, or as your health professional advises. to a maximum of 10 tablets a day. Do not exceed recommended daily

A daily multivitamin/mineral and vitamin C are also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry. steam-free environment as damp conditions can affect the product quality.

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HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK