

PRODUCT INFORMATION

One capsule typically provides:
Tri-methyl glycine
(as betaine monohydrate)

500mg

INGREDIENTS: Tri-methyl glycine (as betaine monohydrate), capsule: hydroxypropyl methylcellulose*; bulking agent: microcrystalline cellulose; anti-caking agents: magnesium stearate*, silicon dioxide. *(vegetarian source)

DOES NOT CONTAIN: salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

TMG

tri-methyl glycine for
healthy methylation

90 capsules
VEGAN
FOOD SUPPLEMENT

TMG

90 capsules

TMG090

109

✓ Betaine contributes to normal homocysteine metabolism.

(Beneficial effect obtained with a daily intake of 1.5g - a daily intake in excess of 4g may significantly increase blood cholesterol levels.)

DIRECTIONS: Take 1 capsule up to 3 times a day, 30 minutes before or 2 hours after meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



TMG-170-03



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