PRODUCT INFORMATION Two tablets typically provide: Vitamin C 1000mg 7inc 5mg Blackcurrant fruit 4:1 extract 50mg (min. 2% anthocyanidins) Bilberry standardised extract 50mg (2% anthocyanidins) Black elderberry standardised extract

*RDA = Recommended Daily Allowance More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Vitamin C (as ascorbic acid), bulking agent: microcrystalline cellulose; black elderberry std. ext. (2% total flavonoids), blackcurrant fruit 4:1 std. ext. (min. 2% anthocyanidins), bilberry std. ext. (2% anthocyanidins), coating: hydroxypropyl methylcellulose (glycerine); anti-caking agent: vegetarian magnesium stearate; zinc citrate, anti-caking agent: silicon dioxide. std_ext = standardised extract

DOES NOT CONTAIN: sugar, salt, starch, soya, wheat, gluten, yeast, lactose, dairy products,

artificial preservatives, colours or flavourings.

(2% total flavonoids)

Suitable for vegetarians and vegans. This product is not tested on animals.



%RDA*

1250



IMMUNE +

VITAMIN C WITH ZINC, BILBERRY, **BLACKCURRANT & ELDERBERRY**

30 tablets VEGAN FOOD SUPPLEMENT

IMMUNE +

30 tablets

OIM030

√Vitamin C and zinc support a strong immune system.

DIRECTIONS: Take 2 tablets 1-3 times a day (children over 8 years, 1-2 a day), with meals, or as your health professional advises. Do not exceed recommended daily intake.

ADVANCED NUTRITION COMPLEX is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

OIM-272-06

HIGHER NATURE Burwash Common, East Sussex. TN19 7LX. UK www.highernature.com