

CAPSULE SIZE



CODE 0147B V4

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily as needed, preferably on an empty stomach.

L-Theanine is a unique amino acid found naturally in the tea plant (*Camellia sinensis*). L-Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function. L-Theanine may also support healthy vascular function through this relaxing effect.*



L-Theanine

STRESS MANAGEMENT

Double Strength - 200 mg

- Promotes Relaxation
- Healthy Vascular Function*
- With Inositol

60 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Theanine	200 mg*
Inositol	100 mg*

* Daily Value not established.

Other ingredients: Vegetable Polysaccharide (capsule), Silica and Magnesium Stearate (vegetable source).

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has twice the L-Theanine (200 mg per capsule) as in our regular strength product (100 mg per capsule).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.