

PRODUCT INFORMATION

One tablet typically provides:

Vitamin K2	45µg	%RDA*
(menaquinone-7)		60

*RDA = Recommended Daily Allowance

INGREDIENTS: Bulking agent: natural *Lithothamnion calcarea*; bulking agent: cellulose; menaquinone-7 (from soya); zein protein coating, anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide. *(vegetarian source)

Soya is used in the manufacture of the Vitamin K2.

DOES NOT CONTAIN: sugar, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE[®]
PREMIUM NATURALS

VITAMIN K2

MenaQ7[®]
Natural Vitamin K2

**FOR HEALTHY BONES
AND CIRCULATION**

**60 tablets
VEGETARIAN
FOOD SUPPLEMENT**

VITAMIN K2

60 tablets

QVK060

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- ✓ Vitamin K contributes to the maintenance of normal bones.
- ✓ Vitamin K contributes to normal blood clotting.

DIRECTIONS: Adults and children over 4 years take 1 tablet a day, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied diet.

Safe to take with blood thinning medication at the suggested daily intake. MenaQ7 is a natural, patent protected form of vitamin K2.



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QVK-348-02

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
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