

PRODUCT INFORMATION

One capsule typically provides:

Theanine 100mg

INGREDIENTS: L-theanine, capsule:
hydroxypropyl methylcellulose (carrageenan)*;
bulking agent: cellulose; anti-caking agents:
silicon dioxide, magnesium stearate*.
*(vegetarian source)

DOES NOT CONTAIN: sugar, salt, starch, soya,
wheat, gluten, maize, corn, yeast, lactose, dairy
products, artificial preservatives, colours or
flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Hypo-allergenic formula.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®
PREMIUM NATURALS

THEANINE
100mg

30 capsules
VEGETARIAN
FOOD SUPPLEMENT

THEANINE
100mg

30 capsules

QTH030

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DIRECTIONS: Take 1-2 capsules a
day (children over 8 years, 1 capsule a
day), between meals, or as your health
professional advises. Do not exceed
recommended daily intake.

Food supplements should not be used
as a substitute for a varied and balanced
diet and healthy lifestyle.

Theanine is an amino acid found in
green tea.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid
is tight and store in a cool, dry, steam-
free environment as damp conditions
can affect the product quality.



QTH-286-02

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