

PRODUCT INFORMATION

Three capsules typically provide:

Alpha Linolenic Acid (omega 3 EFA)	987mg
Linoleic acid (omega 6 EFA)	309mg
Oleic acid (omega 9 FA)	309mg

INGREDIENTS: Cold-pressed, unrefined flax (*Linum usitatissimum*) seed oil, capsule: gelatine, glycerine.

DOES NOT CONTAIN: sugar, salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

This superior PET jar is
100% stable & non toxic.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

Ω OMEGA EXCELLENCE

Flax Seed Oil 1000mg

High in plant source
omega 3

60 capsules
FOOD SUPPLEMENT



Flax Seed Oil 1000mg 60 capsules

OEFC060

108

High in plant source omega 3

DIRECTIONS: Take 1-3 capsules 3 times a day, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This cold-pressed Flax Seed Oil provides 50-55% Omega 3, as well as Omega 6 and Omega 9, in convenient, easy-to-swallow, soft gelatine capsules.



OEFC-318-02

This jar has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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