### DIRECTIONS FOR USE

Add one level scoop to 8oz. of water, nonfat milk, or your favorite beverage. You can use more or less liquid to meet your desired taste and calorie needs. Shake well in a shaker until dissolved. Whey protein can be added to any food, including yogurt.

About Time® doesn't believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND great taste. In addition, we appreciate simplicity which is why our protein powder has 5 ingredients or less that you can actually pronounce.

About Time® is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.





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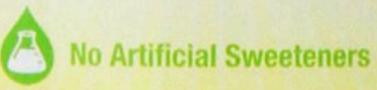
# **ALL NATURAL**

# WHEY PROTEIN ISOLATE



**Sweetened with Stevia** 









PEANUT BUTTER

24g of Isolate Protein

Net Wt. 2 lbs. (908g)

#### AMINO ACID PROFILE

	Amount/Serving
L-Alanine	1,185 mg
L-Arginine	541 mg
L-Aspartic Acid	2,498 mg
L-Cystine	670 mg
L-Glutamic Acid	4,404 mg
L-Glycine	412 mg
L-Histidine I	386 mg
L-Isoleucine #	1,442 mg
L-Leucine #	2,498 mg
L-Lysince I	2,498 mg
L-Methionine 1	515 mg
L-Phenylalanine	747 mg
L-Proline	1,416 mg
L-Serine	953 mg
L-Tyrosine	695 mg
L-Tryptophan III	412 mg
L-Threonine I	1,571 mg
L-Valine #	1,185 mg

- Essential Amino Acids
- # BCAA's
- # The L-Tryptophan indicated is from naturally occuring sources

## **RICH IN BRANCH** CHAIN AMINO ACIDS

### **Supplement Facts**

Serving Size: 1 scoop (28.4g) Servings per container: 32

Amount/Serving	
Calories 100	Calories from fat 0
	% Daily Value 1
Total Fat <1g	0%
Saturated Fat Og	0%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 41mg	2%
Potassium 83mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 24g	48%
Vitamin A	0%
Vitamin C	0%
Calcium	25%
Iron	0%
Phosphorous	6%

Percent Daily Value based on a 2,000 calorie diet.

#### INGREDIENTS:

Cold Processed Ultra Micro-filtered Whey Isolate, Peanut Flour, Natural flavors, Xanthan Gum, Stevia.

#### ALLERGEN STATEMENT:

Produced in a facility that uses peanut and egg ingredients. Contains Milk and Soy (Lecithin).

<sup>&</sup>quot;Percent Daily Value not established.