If you're serious about performance and results, you need the ALL-NEW MuscleTech® Performance Series!

NO Proprietary Blends • NO Underdosed Key Ingredients • NO Banned Substances NO Fillers

NO Exceptions

 NO Hype Just the Most Powerful Formulas Available

The Complete Sustained-Release 8-Hour Protein Formula

PHASE8™ is designed to do one thing - feed your muscles the highest quality blend of protein available. Each serving of PHASE8™ delivers a 26-gram blend of proteins taken from multiple sources with variable digestion rates. The multiple release rates of amino acids feeds your muscles for 8 hours - that's prolonged delivery of key musclebuilding blocks, making PHASE8™ the perfect

protein for any time of the day - or night. • 8-Hour Sustained-Release

Protein Absorption The main protein component in PHASE8™ has the unique ability to release amino acids in your bloodstream for 8 hours after taking it.1 Because of these sustained-release properties it's a highly anabolic and anti-catabolic protein that helps create a

musclebuilding environment for longer periods of time.

• 6 High-Quality Protein Sources Overall, PHASE8™ contains protein sources designed to digest at different rates - putting your body in the perfect state for repair and recovery.*

Biological Value of

Protein Sources		
Protein	BV	PHASE
Hydrolyzed Whey Protein Isolate	104	/
Whey Protein Isolate	104	/
Whey Protein Concentrate	104	/
Milk Protein Isolate	91	✓
Calcium Caseinate		/
Micellar Casein	77	/
Soy Protein	74	X
Brown Rice	70	X

Other multi-phase protein formulas contain protein derived from plant sources, such as brown rice or even soy, and are often loaded with fat and carbs, PHASE8™ contains high quality milk-derived protein and has half the fat and carbs of the leading competitor.

PHASE8™ Multi-Phase Protein Delivery Digestion Rates

Protein Blend in PHASE8™



any other protein on the market.

 Best-in-Class Taste PHASE8™ was flavored by one of the world's top flavoring houses by protein flavoring experts in order to taste better than

. Take Anytime: Morning, Pre- and Post-Workout and at Night

PHASE8™ contains a unique blend of proteins that allows you to take it whenever you need it. The multi-phase protein delivery supplies the needed quick release of amino acids for post-workout amino acid delivery the medium release protein phase for hetween meals and the slow-digesting protein phase for night time use making PHASE8™ the perfect choice for any situation





NEW



PERFORMANCESE

MULTI-PHASE 8-HOUR PROTEIN

PROVIDES HIGH BIOLOGICAL VALUE AND SUSTAINED RELEASE PROTEIN







INCREASES MUSCLE SIZE

AND STRENGTH

MILK CHOCOLATE NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 2.00 LBS. (907a)

Supplement Facts Serving Size: 1 Scoop (42 g)

with 7 oz. or mix 2 servings (2 heaping scoops) with 14 oz. of cold water or skim milk in a glass or shaker cup. Use between major meals and after exercise. Drink 8 to

Servings Per Container: Approx. 22		milk in a glass or shaker cup. Use between		
Amount Per Serving	% Daily Value	major meals and after exercise. Drink 8 to 10 glasses of water daily. For maximum		
Calories 150		results, consume 4 scoops daily for		
Calories from Fat 20		minimum of six weeks.		
Total Fat 2g	3%*	Note: To maintain product freshness, stor in a cool, dry place. This product is sold b weight. Some settling may occur. Shak container before use.		
Trans Fat Og	+			
Cholesterol 5mg	2%			
Total Carbohydrate 7g	2%*			
Dietary Fiber 1g	4%*			
Sugar 0g	†	WARNING: Do not use if pregnant or nursing.		
Protein 26g	52%*	Consult a medical doctor before starting an diet or exercise program. Discontinue use an consult a medical doctor if you experience unusual symptoms. Do not use if packaging		
Calcium 20mg	2%			
Iron 1mg	6%			
Sodium 120mg	5%			
Digestive Enzyme Matrix 100 mg	t	has been tampered with.		

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Directions: Mix 1 serving (1 heaping scoop)

Amylase 50mc

†Daily Value not established

CO, RISH, AND SHILLIFISH INGREDIENTS. The PHASESTM Advantage				
Protein	26g	22g	24g	
Protein Sources	All high quality milk-derived proteins	Milk-derived proteins and egg protein	Low biological value brown rice prot along with egg and milk-derived pro	
Carbs	7g	up to 15g	9g	
Fat	2g	up to 6g	3g	

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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1, Lacroix et al., 2006. The American Journal of Clinical Nutrition, 84:1070-9