DIRECTIONS FOR USE

Add one level scoop to 8 oz. of water, nonfat milk, juice, or your favorite beverage. You can use more or less liquid to meet your desired taste and calorie needs. Shake well in a shaker until dissolved. Whey protein can be added to any food, including yogurt.

About Time® doesn't believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND great taste. In addition, we appreciate simplicity which is why all of our protein powders have 5 ingredients or less that you can actually pronounce.

About Time® is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.

Like us on / AboutTimeWheyProtein

Follow us on (a) @AboutTimeWhey for great recipe ideas.



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Manufactured and distributed by



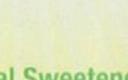
LOTZ574

100% ALL NATURAL

WHEY PROTEIN ISOLATE



Sweetened with Stevia



No Artificial Sweeteners





CHOCOLATE

24g of Isolate Protein



Net Wt. 2 lbs. (908g)

AMINO ACID PROFILE

To be the	Amount Per SRV
L-Alanine	1,185 mg
L-Arginine	541 mg
L-Aspartic Acid	2,498 mg
L-Cystine	670 mg
L-Glutamic Acid	4,404 mg
L-Glycine	412 mg
L-Histidine ł	386 mg
L-Isoleucine H	1,442 mg
L-Leucine #	2,498 mg
L-Lysine ł	2,498 mg
L-Methionine ł	515 mg
L-Phenylalanine	747 mg
L-Proline	1,416 mg
L-Serine	953 mg
L-Tyrosine	695 mg
L-Tryptophan ##	412 mg
L-Threonine I	1,571 mg
L-Valine ₩	1,185 mg

Essential Amino Acids

BCAA's

The L-Tryptophan indicated is from naturally occurring sources of protein.

RICH IN BRANCH CHAIN AMUNO ACIDS

Supplement Facts

Serving Size: 1 scoop (28.4g) Servings Per Container: 32

Amount Per Serving	
Calories 100	Calories from Fat 0
WAS THE YOUR WIND	%Daily Valuet
Total Fat <1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 41mg	2%
Potassium 83mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 24g	48%
Vitamin A	0%
Vitamin C	0%
Calcium	25%
Iron	0%
Phosphorus	6%

Percent daily value based on 2000 calorie diet.

*Percent daily value not established.

Ingredients: Cold Processed Ultra Micro-filtered Whey Isolate, Cocoa, Natural Flavors, Xanthan Gum, Stevia.

Allergen Statement: Produced in a facility that uses peanut and egg ingredients. Contains Milk and Soy (Lecithin).