

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use. Super Potency Biotin is designed to provide ample amounts of this essential nutrient to maximize its benefits.* Biotin also helps to support healthy skin and hair.**

NATURE'S  BOUNTY

SUPER POTENCY

1 PER
DAY
SOFTGEL

Biotin

5000mcg

Promotes:

- ◆ Carbohydrate, Fat & Protein Metabolism*
- ◆ Hair, Skin & Nails*

RAPID RELEASE
LIQUID SOFTGEL



60 softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Biotin 5,000 mcg (5 mg)	1,667% (as d-Biotin)

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Titanium Dioxide Color.

No Artificial Flavor or Sweetener,
No Preservatives, No Sugar, No Starch,
No Milk, No Lactose, No Gluten,
No Wheat, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
©2010 Nature's Bounty, Inc.



 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy you
Healthy earth

Prod. No. 13430 B29618 04D

0 74312 13430 2