

PRODUCT INFORMATION

One 5ml teaspoon typically provides:

Omega 3 fatty acids	630mg
of which:	
EPA	340mg
DHA	225mg
Omega 6 fatty acids	50mg
of which:	
GLA	50mg

INGREDIENTS: Water, fish oil (sardine & anchovy) (antioxidant: mixed tocopherols), sweetener: xylitol; thickeners: modified corn starch, borage oil, flavourings: orange oil, elderflower and jujube, vanilla; xanthan gum; colour: beta carotene (antioxidants: ascorbyl palmitate, dl-alpha tocopherol); antioxidants: natural tocopherols, rosemary extract; preservative: potassium sorbate; acidity regulator: citric acid.

DOES NOT CONTAIN: sugar, salt, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

**TO HELP MAINTAIN:
HEALTHY BRAIN FUNCTION AND SKIN.**

Charitable organisations policy: supplements regularly donated.



HIGHER NATURE®

SmartStart™

DELICIOUS,
NATURAL AND PURE

OMEGA-3 & OMEGA-6



EPA & DHA FROM FISH OIL
AND GLA FROM BORAGE OIL

200ml

FOOD SUPPLEMENT

**NEW
IMPROVED
FLAVOUR**

SMARTSTART

with sweetener omega-3 & omega-6

DIRECTIONS: Children from 6 months to 3 years: take 1 teaspoon (5ml) a day. Children over 3 years: take 1-2 teaspoons a day, or as your health professional advises. **Also suitable for adults:** take 1-2 teaspoons a day. Do not exceed recommended daily intake.

This delicious creamy liquid may be blended into yoghurt, smoothies, milkshakes or desserts.

Food supplements should not be used as a substitute for a varied diet.

SMARTSTART provides the highest quality, purity-guaranteed Omega-3 fish oil with GLA, an Omega-6 fatty acid, in a delicious, non-fishy orange creamy liquid that children actually enjoy.

SMARTSTART is sweetened with natural xylitol, which is actually good for the teeth, and natural oil of orange.

Do not feed to dogs. Not suitable for citrus allergy sufferers.

Store out of reach of children; unopened - in a cool, dry place (below 20°C) or ideally in a refrigerator, opened - in a refrigerator. Use within 6 weeks of opening.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK.
www.highernature.com

200ml

SMO200

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