PRODUCT INFORMATION	
One tablet typically provides:	
Vitamin E (75iu)	50mg α-TE
Vitamin C	100mg
Riboflavin (vitamin B2)	5mg
Zinc	4mg
Selenium	50µg
Manganese	1.3mg
Beta carotene	2.3mg
Reduced Glutathione	20mg
Alpha Lipoic acid	10mg
L-Cysteine	5mg
N-Ácetyl Cysteine	5mg
Co-enzyme Q10	5mg
Bilberry fruit	10mg
Chicory root	10mg

%RDA

*RDA = Recommended Daily Allowance

INGREDIENTS: Bulking agent: natural *Lithothamnion calcarea*; vitamin C (as ascorbic acid), bulking agent: cellulose; natural vitamin E (as d-alpha tocopheryl succinate), beta carotene (antioxidant: ascorbyl palmitate; antioxidant: dl-alpha tocopherol); reduced glutathione, zinc citrate, bilberry fruit pdr, l-selenomethionine, chicory root pdr, alpha lipoic acid, anti-caking agent: vegetarian magnesium stearate; I-cysteine HCl monohydrate, n-acetyl I-cysteine, co-enzyme Q10, vitamin B2 (as riboflavin), anti-caking agent: silicon dioxide; zein protein coating, manganese citrate. pdr = powder.

DOES NOT CONTAIN: wheat, gluten, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE® PREMIUM NATURALS

SUPER ANTIOXIDANT **PROTECTION**

WITH VITAMINS B2, C & E



SUPER ANTIOXIDANT **PROTECTION**

√Vitamins B2, C & E, zinc, selenium & manganese help to protect cells from oxidative damage

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

B vitamins may turn urine bright vellow - this is normal.





OSA-271-05

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.





HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com