

NBTY  
CAD # 89

Scientific studies have underscored the ability of Milk Thistle to help maintain healthy liver function.\* The exceptional benefits of this concentrated herb are due to powerful antioxidant properties, which help to support health and well-being.\*

Prod. No. 1940

### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Milk Thistle ( <i>Silybum marianum</i> ) (seed) 250 mg	***
(from a 4:1 Extract) (Equivalent to 1,000 mg of Milk Thistle)**	

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Soybean Oil, Vegetable Glycerin, Soy Lecithin, Yellow Beeswax, Natural Caramel Color, Titanium Dioxide Color.

**Directions:** For adults, take one (1) softgel once or twice daily, preferably with a meal.

**No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.**

**Nature's Bounty's Guarantee:** We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if blister seal is cut, torn or broken.

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.  
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Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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COATING KO

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NATURE'S BOUNTY

NATURAL WHOLE HERB

SILYMARIN

# Milk Thistle

NATURE'S BOUNTY

NATURAL WHOLE HERB

SILYMARIN

# Milk Thistle

## 1000mg\*\* | Concentrated Herb

Promotes Healthy Liver Function\*



RAPID RELEASE LIQUID SOFTGEL

30 softgels

HERBAL SUPPLEMENT

Herbs have been a part of the human tradition since ancient times. Today, modern science continues to discover the mechanisms behind these historically celebrated botanicals. Nature's Bounty is proud to take this long standing tradition to a new level with whole herb concentrates in convenient, easy-to-swallow softgels. Each softgel provides you with whole herb benefits. We start with the whole plant, eliminate the bulk of the herb, and retain the most powerful ingredients. The result is a concentrated herb extract that is rich in active phytochemicals. These extracts are traditionally described as a ratio. A 4:1 extract, for example, means that our parts of raw herb have been condensed down to one part herbal concentrate.

To ensure consistent product quality, extracts are analyzed and indeed using Thin Layer Chromatography (TLC) or Infra Red Spectroscopy. These analyses provide a "snapshot" of the extract's unique chemical profile, allowing us to confirm the supplement's whole herb potency.

Furthermore, to protect the supplement's potency and to prevent oxidation, the extracts are hermetically sealed and then individually blister packed.

PRINT SIDE UP  
DIE SIDE UP

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