## PRODUCT INFORMATION

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One tablet typically provides:		%RDA*
Vitamin E (75iu)	50mg α-TE	417
Vitamin C '	100mg	125
Riboflavin (vitamin B2)	5mg	357
Zinc	4mg	40
Selenium	50µg	91
Manganese	1.3mg	65
Beta carotene	2.3mg	
Reduced Glutathione	20mg	
Alpha Lipoic acid	10mg	
L-Cysteine	5mg	
N-Ácetyl Cysteine	5mg	
Co-enzyme Q10	5mg	
Bilberry fruit	10mg	
Chicory root	10mg	

\*RDA = Recommended Daily Allowance (new 2009 values)

INGREDIENTS: Bulking agent: natural Lithothamnion calcarea; vitamin C (as ascorbic acid), bulking agent: cellulose; natural vitamin E (as d-alpha tocopheryl succinate), beta carotene (antioxidants: ascorbyl palmitate, antioxidant: dl-alpha tocopherol), reduced glutathione, zinc citrate, bilberry fruit pdr, I-selenomethionine, chicory root pdr, alpha lipoic acid, anti-caking agent: vegetarian magnesium stearate; I-cysteine HCl monohydrate, n-acetyl I-cysteine, co-enzyme Q10, vitamin B2 (as riboflavin), anti-caking agent: silicon dioxide; zein protein coating, manganese citrate. pdr = powder.

DOES NOT CONTAIN: salt, wheat, gluten, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated



## SUPER ANTIOXIDANT PROTECTION

WITH VITAMINS B2, C & E



## SUPER ANTIOXIDANT **PROTECTION**

√Vitamins B2 C & F zinc selenium & manganese help to protect cells from oxidative damage

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

B vitamins may turn urine bright yellow - this is normal.



180 tablets

OSA 180

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.





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