

# SUPPLEMENT FACTS

Serving Size 4 Tablets (1 Packet) Servings Per Container 30

	Amount Per Serving	% Daily Value
Thiomin (Vitamin B1)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.6 mg	94%
Niacin (as Niacinamide) (Vitamin B3)	15 mg	75%
Vitamin B6 (as Pyridoxine HCI)	2 mg	100%
Folic Acid	200 mcg	50%
Vitamin B12 (as Cyanocobalamin)	2.4 mcg	40%
Biotin	15 mcg	5%
Pantothenic Acid (as D-Calcium Pantothenate)	6 mg	60%
ron (as Iron Amino Acid Chelate)	5 mg	28%
Magnesium (as Magnesium Amino Acid Chelate)	400 mg	100%
Zinc (as Zinc Amino Acid Chelate)	5 mg	33%
Copper (as Copper Amino Acid Chelate)	3 mg	150%
Chromium ( os Chromium Amino Acid Chelate)	100 mcg	83%
Potassium (as Potassium Aspartate Amino Acid Complex)	99 mg	3%
Vanadium (as Vanadium Amino Acid Chelate)	50 mcg	*
Co Enzyme Q-10	10 mg	*
Pyruvate (Pyruvic Acid)	300 mg	*
L-Carnitine Fumarate	100 mg	. *.
Rhodiola (Rhodiola Rosea)(Root)	100 mg	

### INSIST ON QUALITY...LIVE THE DIFFERENCE

## 4 TODAY® AWARDED ALBION LABORATORIE'S "GOLD MEDALLION®"

he quality of 4 TODAY's® pharmaceutical grade ingredients is unsurpassed. We use only the purest and finest raw materials available. Our "patent pending" formula is a leader in today's nutritional marketplace. Because of our high standards, we never compromise what goes into our products, so you never compromise what goes into your body. This is the foundation of our company, which translates into one word, "integrity."

4 TODAY® Inc. is one of a select group of companies worldwide, recognized

as an Albion "Gold Medallion®" Company.

Using Albion minerals does not automatically

guarantee this award. To receive this award, a nutritional supplement must have its entire formula and mineral components pass intense scrutiny by Albion Advanced Nutrition, Inc.

#### 100% SATISFACTION GUARANTEED

If you are not completely satisfied with this product, return all unused packets within 30 days of purchase with the original sales receipt for a one time refund of purchase price, less S & H. Please allow 2-4 weeks for processing.

TO PLACE AN ORDER
OR TO OBTAIN ADDITIONAL INFORMATION

USA TOLL FREE: 877-44-TODAY (86329)

VISIT OUR WEB SITE: www.4TODAY.com

### ARE YOU FEELING

TIRED?

STRESSED?

**EXHAUSTED?** 

**OVERWHELMED?\*** 

ur unique blend of ingredients work together in the body to produce energy naturally and safely without the use of caffeine, ephedra/MaHuang, artificial stimulants, chemicals or drugs. 4 TODAY® "Pure Energy" contains all natural ingredients whenever possible and has been formulated for those times in your day when you need extra energy support\*.

Continual utilization of vital nutrients is necessary for energy production. 4 TODAY® "Pure Energy" restores those key nutrients as a natural energizer\*. "Pure Energy" may be taken in conjunction with all other 4 TODAY® products.

#### RECOMMENDED SERVING SIZE

1 to 4 tablets as desired for extra energy, with or without food.

Do not exceed 8 tablets (2 packets) per day.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.