## PRODUCT INFORMATION

3 capsules typically provide: %RDA\* Vitamin E (22.5iu) 15mg α-TE Diosmin 675mg Rutin 540mg Bilberry fruit extract 4:1 180mg \*RDA = Recommended Daily Allowance (new 2009 value)

INGREDIENTS: Diosmin powder, rutin powder, capsule: hydroxypropyl methylcellulose\*; bilberry fruit extract (4:1), anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate\*; natural vitamin E (d-alpha tocopheryl succinate). \*(vegetarian source)

Buckwheat starch is used in the manufacture of the rutin.

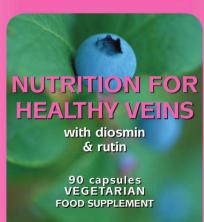
DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans. This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

## HIGHER NATURE®



## **NUTRITION FOR** 90 capsules **HEALTHY VEINS** VSF090

✓ Diosmin & Rutin promote the function of blood vessels.

Nutrition for Healthy Veins provides diosmin and rutin, which are particularly important to support vein health, as well as bilberry and the antioxidant, vitamin E. Nutrition for Healthy Veins is best used in combination with Aloe Vein Gel roll-on.

**DIRECTIONS:** Take 3 capsules a day, with meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if taking aspirin or warfarin. Not suitable for citrus allergy sufferers.

VSF-207-07

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com