

Directions for Use:

As a dietary supplement, take 1 mL twice per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

**MADE WITH U.S. GROWN,
TRIPLE EXTRACTED
ORGANIC MUSHROOMS**

Certified Organic by the Washington State Department of Agriculture.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE®
M U S H R O O M S™

MyCOMMUNITY™
E X T R A C T



**COMPREHENSIVE
IMMUNE SUPPORT***

**DIETARY SUPPLEMENT
1 Fluid Ounce (30 Milliliters)**

PAUL STAMETS

Supplement Facts

Serving Size: 1 mL (~45 drops)

Servings Per Container: 30

Amount Per Serving**Proprietary Blend**

1 mL ‡

Agarikon (*Fomitopsis officinalis*) mycelium ‡ **
 Maitake (*Grifola frondosa*) mycelium ‡ **
 Chaga (*Inonotus obliquus*) mycelium ‡ **
 Reishi (*Ganoderma lucidum* s.l.) mycelium ‡ **
 Cordyceps mycelium ‡ **
 Zhu Ling (*Polyporus umbellatus*) mycelium ‡ **
 Birch Polypore (*Piptoporus betulinus*) mycelium ‡ **
 Royal Sun Blaze (*Agaricus brasiliensis f. blazei*) mycelium ‡ **
 Enokitake (*Flammulina velutipes*) mycelium ‡ **
 Mesima (*Phellinus linteus*) mycelium ‡ **
 Split Gill Polypore (*Schizophyllum commune*) mycelium ‡ **
 Turkey Tails (*Trametes versicolor*) mycelium ‡ **
 Lion's Mane (*Hericium erinaceus*) mycelium ‡ **
 Reishi (*Ganoderma lucidum* s.l.) fruitbodies ‡ ***
 Maitake (*Grifola frondosa*) fruitbodies ‡ ***
 Amadou (*Fomes fomentarius*) mycelium ‡ **
 Artist's Conk (*Ganoderma applanatum* s.l.) mycelium ‡ **
 Oregon Ganoderma (*Ganoderma oregonense* s.l.) mycelium ‡ **
 Shiitake (*Lentinula edodes*) mycelium ‡ **

extract of fresh mushroom mycelium *extract of dried mushroom fruitbodies

‡Daily value not established †Certified Organic

Other ingredients: water, alcohol ‡ (alcohol content: 30–40%),
myceliated brown rice ‡