

Directions for Use:

As a dietary supplement, apply three pump sprays into mouth and then swallow, twice per day. Do not inhale while spraying. Avoid contact with eyes. Shake well before using. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

**MADE WITH U.S. GROWN,
DOUBLE EXTRACTED
ORGANIC MUSHROOMS**



Certified Organic by the Washington State Department of Agriculture.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE®
M U S H R O O M S™

**MYCO
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S P R A Y



**IMMUNE
SUPPORT™**
P E P P E R M I N T

DIETARY SUPPLEMENT
1 Fluid Ounce (30 Milliliters)

PAUL STAMETS

Supplement Facts

Serving Size: 0.42 mL (3 sprays)

Servings Per Container: 71

Amount Per Serving

Proprietary Blend 0.42 mL †

Fresh Agarikon (*Fomitopsis officinalis*)
mycelium extract ‡

Fresh Reishi (*Ganoderma lucidum* s.l.)
mycelium extract ‡

Fresh Chaga (*Inonotus obliquus*)
mycelium extract ‡

Fresh Birch Polypore
(*Piptoporus betulinus*)
mycelium extract ‡

Fresh Turkey Tails (*Trametes versicolor*)
mycelium extract ‡

†Daily value not established ‡Certified Organic

Other ingredients: water, alcohol ‡
(alcohol content: 25–35%), myceliated
brown rice ‡, peppermint essential oil ‡

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