

PRODUCT INFORMATION

½ level teaspoon typically provides:
Methyl sulphonyl methane (MSM)

1200mg

INGREDIENTS: Methyl sulphonyl methane (contains naturally occurring sulphur dioxide and sulphites).

DOES NOT CONTAIN: sugar, salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

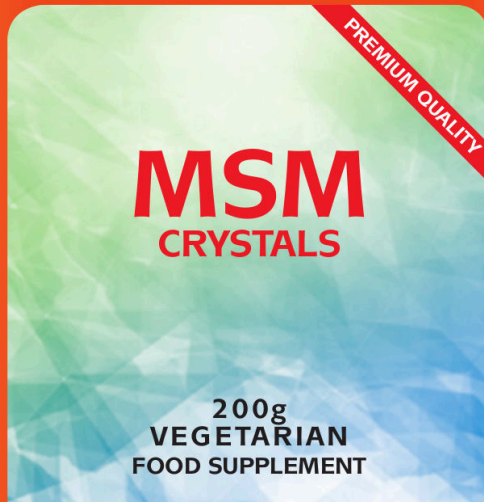
Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



MSM crystals

200g

DIRECTIONS: Take between ½ level teaspoon (1.2g) and 2½ level teaspoons (6g), (children over 8 years take ¼ level teaspoon (0.6g)) dissolved in water, spread through the day with meals, building gradually, or as your health professional advises. Do not exceed recommended daily intake.

MSP200
105

In some cases **MSM** may have an initial laxative effect. This is normal and should stop within a few days. Drink plenty of water. Reduce intake if symptoms are uncomfortable.

A daily multivitamin and vitamin C are also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This is a pure product without additives, which naturally clumps during storage.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



MSP-057-01

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