

PRODUCT INFORMATION

Two tablets typically provide: %NRV*

Calcified seaweed	1000mg	
of which:		
- Calcium	300mg	38

*NRV = Nutrient Reference Value

INGREDIENTS: Natural *Lithothamnion calcaria* (calcified seaweed), bulking agent: cellulose; anti-caking agent: vegetarian magnesium stearate.

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



HIGHER NATURE®

SEA CALCIUM

calcified seaweed
a natural source of calcium
500mg

180 tablets
VEGAN
FOOD SUPPLEMENT

SEA CALCIUM 500mg 180 tablets

✓ Calcium is needed to maintain normal bones and teeth.

DIRECTIONS: Take 2-6 tablets a day, with a meal, or as your health professional advises. Do not exceed recommended daily intake. **SEA CALCIUM** is best taken with Vitamin D. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

SEA CALCIUM is calcified seaweed, and a natural source of calcium. It is harvested from a unique area of crystal clear seas off the West Coast of Ireland.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
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