

**MSM and Glucosamine is a combination of two popular supplements that play a role in the maintenance of joint cartilage.\* MSM is an organic source of sulfur, a mineral that is vital in the formation of collagen, connective tissue, and healthy joint cartilage.\* Research studies show that Glucosamine supports joint health.\* Both Glucosamine and MSM help support your joints so you can enjoy your most productive years.\***

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

 Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURE'S BOUNTY®

# MSM & Glucosamine



FOR EASY SWALLOWING

Helps Promote Healthy Joints and Cartilage\*

90 CAPSULES

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take two (2) capsules three times daily, preferably with meals.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 45

Amount Per Serving	%Daily Value
MSM (Methylsulfonylmethane) (170 mg Organic Sulfur)	500 mg **
Glucosamine Sulfate • 2KCl	500 mg **

\*\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Gelatin, Magnesium Silicate, Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

No Artificial Color, Flavor or Sweetener,  
No Preservatives, No Sugar, No Starch, No Milk,  
No Lactose, No Soy, No Gluten, No Wheat,  
No Yeast. Sodium Free.

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.  
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