

#### PRODUCT INFORMATION

Three capsules typically provide:

Alpha Linolenic Acid (omega 3 EFA)	1212mg
Linoleic acid (omega 6 EFA)	678mg
Oleic acid (omega 9 FA)	501mg

**INGREDIENTS:** Unrefined flax (*Linum usitatissimum*) seed oil, capsule: gelatine, glycerine; unrefined oils: sunflower (*Helianthus annuus*) seed, extra virgin olive (*Olea europaea*); antioxidant: natural mixed tocopherols.

**DOES NOT CONTAIN:** sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

**This product is not tested on animals.**

**This superior PET jar is 100% stable & non toxic. Ask for more information!**

**Charitable organisations policy:** supplements regularly donated

# HIGHER NATURE®

## Ω OMEGA EXCELLENCE

# Omega 3:6:9 Balance Oil 1000mg

The perfect 2:1  
balance of  
omegas 3 & 6

120 capsules  
FOOD SUPPLEMENT

# Omega 3:6:9 Balance 120 capsules

The perfect 2:1 balance of omegas 3 & 6

**DIRECTIONS:** Take 1-3 capsules 3 times a day, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This 100% Certified Organic special blend of cold-pressed oils provides the perfect 2:1 balance of Omega 3 and Omega 6, with added Omega 9, in convenient, easy-to-swallow, soft gelatine capsules. Omega 3 and Omega 6 are important for every cell wall in the body, make hormone-like substances and also support a healthy cardiovascular system, eyes and brain.

This jar has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

**HIGHER NATURE** Burwash Common, East Sussex, TN19 7LX, UK  
[www.highernature.com](http://www.highernature.com)

OEBC 120  
106



OEBC-311-02

