SUGGESTED USE: FOR THIS VICIOUS CREATINE BLEND

TRAINING DAYS: As a dietary supplement consume 1 heaping scoop with 18 ounces of water 30 minutes prior to working out. Continue consuming generous amounts of water throughout your workout.

FOR XTREME RESULTS: Take another Heaping Scoop with 18 ounces of water immediately after your training session.

NON-TRAINING DAYS: As a dietary supplement consume 1 scoop with 18 ounces of water first thing in the morning.

CFCAMEAN™ USERS ARE REQUIRED TO CONSUME A MINIMUM OF 128 OUNCES OF WATER PER DAY WHILE USING THIS PRODUCT.



YES THAT MEANS DRINK A WHOLE M'F'N GALLON OF WATER EVERY DAY!!

CREAMEANT THE MOST BAD ASS CREATINE ON THE PLANET!



- INCREASES STRENGTH #
- ICREASES RECOVERY #

- O STOMACH DISCOMFORT #

- INCREASES RAW POWER #
- INCREASES ENDURANCE #
- INCREASES MUSCULAR ENERGY #

- ATP IN DA HOUSE + (COME GET SOME)

Do not use if you are pregnant or lactating. Please consult your physician closed in a cool, dry place, away from moisture.

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to prevent, treat, diagnose, or cure any disease.

KEEP OUT OF REACH OF CHILDREN.



BUY IT • TAKE IT • LOVE IT

MANUFACTURED & DISTRIBUTED BY: CHAOTIC-LABZ LITTLE ROCK , AR 72209

THE FUTURE OF CREATINE IS NOW

DIETARY SUPPLEMENT

308

GRAMS

Supplement Facts

Serving Size: 1 Scoop (approx. 11 grams) Servings Per Container: approx. 28

Amount Per Serving

CREAMEAN™ PROPRIETARY BLEND

9,994 mg

Creatine Glycerol Phosphate, Creatinol-O-Phosphate, Creatine Ethyl Ester HCI, Di Creatine Malate, Disodium Creatine Phosphate, Creatine α-ketoglutarate, Creatine Monohydrate Micronized, Beta-Alanine, L-Taurine, Inosine, Guanido-Propionic Acid (GPA), Adenosine 5'-Triphosphate (ATP)

** Percent Daily Value "DV" Not Established.

Other Ingredients: Citric Acid, Acesulfame-K, Sucralose, Natural And **Artificial Flavors, Silica.**

















