

Directions for Use:

As a dietary supplement, take 1 mL twice per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

**MADE WITH U.S. GROWN,
TRIPLE EXTRACTED
ORGANIC MUSHROOMS**

Certified Organic by the Washington State Department of Agriculture.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE®
M U S H R O O M S™

REISHI
E X T R A C T



**SUPPORTS A
HEALTHY HEART***

DIETARY SUPPLEMENT
1 Fluid Ounce (30 Milliliters)

PAUL STAMETS

Supplement Facts

Serving Size: 1 mL (~45 drops)

Servings Per Container: 30

Amount Per Serving

Proprietary Blend 1 mL †

Fresh Reishi

(*Ganoderma lucidum* s.l.)

mycelium extract ‡

Dried Reishi

(*Ganoderma lucidum* s.l.)

fruitbody extract ‡

†Daily value not established

‡Certified Organic

Other ingredients: water, alcohol ‡
(alcohol content: 30–40%),
myceliated brown rice ‡

