

MADE WITH U.S. GROWN
ORGANIC MUSHROOMS

Directions for use:

As a dietary supplement,
take 2 capsules once per
day. Can be taken with food
or without, on an empty
stomach or as recommended
by your healthcare advisor.
Consult your healthcare advisor
regarding the use of this product
during pregnancy. Keep out of
reach of children.

Grown and processed in the USA.

Certified Organic by the
Washington State
Department of Agriculture.



*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

HOST DEFENSE[®]

M U S H R O O M S[™]

MyCOMMUNITY[®]



COMPREHENSIVE IMMUNE SUPPORT*

DIETARY SUPPLEMENT
30 Vegetarian Capsules

P A U L S T A M E T S

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 15

Amount Per Serving

Maitake (<i>Grifola frondosa</i>) mycelium ‡	142 mg †
Chaga (<i>Inonotus obliquus</i>) mycelium ‡	116 mg †
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	110 mg †
Cordyceps mycelium ‡	100 mg †
Royal Sun Blazei (<i>Agaricus brasiliensis</i> f. <i>blazei</i>) mycelium ‡	80 mg †
Enokitake (<i>Flammulina velutipes</i>) mycelium ‡	80 mg †
Mesima (<i>Phellinus linteus</i>) mycelium ‡	76 mg †
Turkey Tails (<i>Trametes versicolor</i>) mycelium ‡	48 mg †
Zhu Ling (<i>Polyporus umbellatus</i>) mycelium ‡	48 mg †
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	48 mg †
Maitake (<i>Grifola frondosa</i>) fruitbodies ‡	48 mg †
Artist's Conk (<i>Ganoderma applanatum</i> s.l.) mycelium ‡	30 mg †
Oregon Reishi (<i>Ganoderma oregonense</i> s.l.) mycelium ‡	30 mg †
Agarikon (<i>Fomitopsis officinalis</i>) mycelium ‡	30 mg †
Amadou (<i>Fomes fomentarius</i>) mycelium ‡	20 mg †
Shiitake (<i>Lentinula edodes</i>) mycelium ‡	20 mg †
Birch Polypore (<i>Piptoporus betulinus</i>) mycelium ‡	12 mg †
Split Gill Polypore (<i>Schizophyllum commune</i>) mycelium ‡	12 mg †

†Daily value not established ‡Certified Organic

Other ingredients: freeze-dried myceliated brown rice
‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by Fungi Perfecti, LLC,
PO Box 7634, Olympia, WA 98507 USA
Toll Free: 877-504-6926 HOSTDEFENSE.COM

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