

HOST DEFENSE®
M U S H R O O M S™

LION'S MANE



**MEMORY &
NERVE SUPPORT***

DIETARY SUPPLEMENT
120 Vegetarian Capsules



P A U L S T A M E T S

Directions for use:

As a dietary supplement,
take 2 capsules once per day.
Can be taken with food or
without, on an empty stomach
or as recommended by your
healthcare advisor.

Consult your healthcare advisor
regarding the use of this product
during pregnancy.

Keep out of reach of children.

**MADE WITH U.S. GROWN
ORGANIC MUSHROOMS**

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Serving

Lion's Mane (*Hericium erinaceus*) 1 g †
mycelium ‡

†Daily value not established ‡Certified Organic

Other ingredients: freeze-dried myceliated brown
rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA
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HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.

Grown and processed in the USA.



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