

HOST DEFENSE®
M U S H R O O M S™

LION'S MANE

Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor.

Consult your healthcare advisor regarding the use of this product during pregnancy.

Keep out of reach of children.

**MADE WITH U.S. GROWN
ORGANIC MUSHROOMS**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**MEMORY &
NERVE SUPPORT***

DIETARY SUPPLEMENT
60 Vegetarian Capsules

P A U L S T A M E T S



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving

Lion's Mane (*Hericium erinaceus*) mycelium ‡ 1 g †

†Daily value not established ‡Certified Organic

Other ingredients: freeze-dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.



Grown and processed in the USA.