

Get Lean!  
BURN FAT!\*

# LEAN BODY

for Her

HI-PROTEIN MEAL REPLACEMENT SHAKE



DELICIOUS STRAWBERRY  
ICE CREAM FLAVOR

- Increase Energy\*
- Beat Hunger\*
- Use as a Meal or Snack
- All-In-One Nutrition

**LABRADA**  
NUTRITION

NET WT 1.73 oz. (49g)



LABRADA NUTRITION  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

| Calories per gram:  |                        |
|---|------------------------|
| Fat 9   | • Carbohydrate 4       |
| Protein 4   | •                      |
| Total Fat 2.500   |                        |
| Saturated Fat 80g   | 25g                    |
| Cholesterol 20g   | 300g                   |
| Sodium 2.400mg  | 3.500mg                |
| Potassium 300mg   | 3.500mg                |
| Total Carbohydrates 30g   | 375g                   |
| Dietary Fiber 30g   | 30g                    |
| Calories 2,000  |                        |
| Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. |                        |
| Vitamin A 20%   | • Vitamin C 20%        |
| Calcium 40%   | • Iron 20%             |
| Vitamin D 20%   | • Vitamin E 20%        |
| Thiamin 20%   | • Riboflavin 20%       |
| Niacin 20%  | • Vitamin B6 20%       |
| Folate 20%  | • Vitamin B12 20%      |
| Biotin 20%  | • Pantothenic Acid 20% |
| Phosphorus 30%  | • Iodine 20%           |
| Magnesium 25%   | • Zinc 20%             |
| Copper 20%  | • Chloride 4%          |

| Amount Per Serving     | % DV |
|------------------------|------|
| Calories 190           |      |
| Calories from Fat 35   | 6%   |
| Total Fat 4g           | 8%   |
| Saturated Fat 1g       | 2%   |
| Trans Fat 0g           | 0%   |
| Cholesterol 20mg       | 4%   |
| Sodium 230mg           | 5%   |
| Potassium 260mg        | 6%   |
| Total Carbohydrate 30g | 10%  |
| Dietary Fiber 3g       | 12%  |
| Sugars 1g              |      |
| Protein 30g            | 60%  |

## Nutrition Facts

Serving Size: 1 Packet (49g)  
Servings Per Container: 1

**Blender** – Fill blender with 8oz. of water or your favorite beverage. For a creamy ice cream flavor, add a handful of ice cubes. Add 1 packet (49g) of Lean Body® for Her. Cover & blend for 20-30 seconds.



**Shaker** – Fill shaker with 8oz. of water or your favorite beverage. Add 1 packet (49g) of Lean Body® for Her. Cover and shake.



**Glass** – Fill glass with 8oz. of water or your favorite beverage. Add 1 packet (49g) of Lean Body® for Her, and mix with a spoon.



## Easy-to-Follow Directions

**Ingredients:** LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Isolate, Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Soy Protein Isolate (non-GMO), Natural & Artificial Flavors, **EFA Flex™** (Sunflower Oil, Creamer Caserate, Mono- and Diglycerides, Dipotassium Phosphate, (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Tricalcium Phosphate, Soy Lecithin, Tocopherols), MCT Oil, Flaxseed Oil, Borage Oil), **Fiber Flex™** (Polydextrose, Fibersol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Beet Juice Powder, Salt, Sucralose, Acesulfame Potassium.

**Allergen Information:** Contains Milk, Soy.