

Directions for Use:

As a dietary supplement;
take 1 mL twice per day.
Can be taken with food or
without, on an empty stomach
or as recommended by your
healthcare advisor. Consult
your healthcare advisor
regarding the use of this
product during pregnancy.
Keep out of reach of children.

**MADE WITH U.S. GROWN,
TRIPLE EXTRACTED
ORGANIC MUSHROOMS**

Certified Organic by the Washington
State Department of Agriculture.

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

HOST DEFENSE®

M U S H R O O M S™

CORDYCHI®

E X T R A C T



**SUPPORTS STRESS
& FATIGUE
REDUCTION***

DIETARY SUPPLEMENT
1 Fluid Ounce (30 Milliliters)
PAUL STAMETS

Supplement Facts

Serving Size: 1 mL (~45 drops)

Servings Per Container: 30

Amount Per Serving

Proprietary Blend 1 mL †

Fresh Cordyceps
mycelium extract ‡

Fresh Reishi
(*Ganoderma lucidum* s.l.)
mycelium extract ‡

Dried Reishi
(*Ganoderma lucidum* s.l.)
fruitbody extract ‡

†Daily value not established

‡Certified Organic

Other ingredients: water, alcohol
‡ (alcohol content: 30–40%),
myceliated brown rice ‡

