

Original
Formula

The Traditional
European Herbal Extract

Swedish BittersTM

Gentle and Stimulating
Promotes Regularity
For Healthy
Digestive Function*

Dietary Supplement

*These statements have not been evaluated
by the Food & Drug Administration.
This product is not intended to diagnose,
treat, prevent or cure any disease.

16.9 fl. oz. (500 ml)

Swedish Bitters

secret formula rediscovered.
Lost for centuries, the secret
herbal formula Swedish
Bitters, created by Paracelsus
in the 16th century, was re-
discovered by a distinguished
Austrian herbalist.

Since then, NatureWorks
Swedish Bitters has won
enthusiastic praise from
millions of Europeans as
the definitive herbal elixir.

NatureWorks' Swedish Bitters
is an artfully blended extract
of selected herbs
of unsurpassed quality.

We make the extract and
analyze it in our laboratory to
assure you of unquestionable
purity and optimum potency.

Swedish Bitters is the most
remarkable traditional
European herbal extract.

Manufactured in
Germany for

NatureWorks

a Division of ABKIT, INC.
New York, NY 10006
www.natureworks.com



SUPPLEMENT FACTS

Serving Size 2 Teaspoons
Servings Per Container 50

	Amount Per Serving	% Daily Value*
Calories	22	
Total Carbohydrate	(< 1 g)	< 1%
Manna (stem)		
Fraxinus ornus (L)	117 mg	†
Angelica (root)	89 mg	†
Zedoary (root)	74 mg	†
Aloe (leaves)	67 mg	†
Rhubarb (root)	67 mg	†
Senna (leaves)	67 mg	†
Myrrh (stem)	37 mg	†
Carlina Thistle (root)		
Carlina acaulis (L)	33 mg	†
Camphor	17 mg	†
Black Snakeroot (root)		
Rhizoma Cimicifugae (L)	15 mg	†
Valerian (root)	7.4 mg	†
Cinnamon (bark)	7.4 mg	†
Cardamom (fruit)	3.7 mg	†
Saffron (pistil)	1.3 mg	†

* Percent Daily Value (DV) based on
a 2000 calorie diet

† Daily Value not established

Other Ingredients:

Water, alcohol

Suggested use: Adults and
children over 15 years of age
take 1-2 teaspoons daily
for improved health
and overall well being.

For an exciting alternative
way to take Swedish Bitters,
add to a cup of herbal tea,
like Chamomile or Peppermint,
or to a glass of your favorite
fruit juice.

Shake well before using.

WARNING: Do not use this
product if you are pregnant,
or nursing a baby.

Do not use this product when
vomiting, nausea, diarrhea or
abdominal pain are present.

Keep out of the reach
of children.

NatureWorks®
Put Nature To Work
For You