

Original
Formula



NatureWorks

The Traditional
European Herbal Extract

Swedish Bitters™

Gentle and Stimulating
Promotes Regularity
For Healthy
Digestive Function*

Dietary Supplement

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

8.45 fl. oz. (250 ml)

Swedish Bitters

secret formula rediscovered. Lost for centuries, the secret herbal formula Swedish Bitters, created by Paracelsus in the 16th century, was rediscovered by a distinguished Austrian herbalist. Since then, NatureWorks® Swedish Bitters has won enthusiastic praise from millions of Europeans as the definitive herbal elixir.

NatureWorks® Swedish Bitters is an artfully blended extract of selected herbs of unsurpassed quality.

We make the extract and analyze it in our laboratory to assure you of unquestionable purity and optimum potency. Swedish Bitters is the most remarkable traditional European herbal extract.

Manufactured in
Germany for

NatureWorks

a Division of ABKIT, INC.
New York, NY 10006
www.natureworks.com



SUPPLEMENT FACTS

Serving Size 2 Teaspoons
Servings Per Container 25

	Amount Per Serving	% Daily Value*
Calories	22	
Total Carbohydrate	(< 1 g)	< 1%
Manna (stem)		
Fraxinus ornus (L)	117 mg	↑
Angelica (root)	89 mg	↑
Zedoary (root)	74 mg	↑
Aloe (leaves)	67 mg	↑
Rhubarb (root)	67 mg	↑
Senna (leaves)	67 mg	↑
Myrrh (stem)	37 mg	↑
Carline Thistle (root)		
Carlina acaulis (L)	33 mg	↑
Camphor	17 mg	↑
Black Snakeroot (root)		
Rhizoma Cimicifugae (L)	15 mg	↑
Valerian (root)	7.4 mg	↑
Cinnamon (bark)	7.4 mg	↑
Cardamom (fruit)	3.7 mg	↑
Saffron (pistil)	1.3 mg	↑

* Percent Daily Value (DV) based on a 2000 calorie diet

† Daily Value not established

Other Ingredients:

Water, alcohol

Suggested use: Adults and children over 15 years of age take 1–2 teaspoons daily for improved health and overall well being.

For an exciting alternative way to take Swedish Bitters, add to a cup of herbal tea, like Chamomile or Peppermint, or to a glass of your favorite fruit juice.

Shake well before using.

WARNING: Do not use this product if you are pregnant or nursing a baby.

Do not use this product when vomiting, nausea, diarrhea or abdominal pain are present.

Keep out of the reach of children.

NatureWorks®
Put Nature To Work
For You