

Original
Formula



NatureWorks

The Traditional European
Herbal Extract

Swedish Bitters™

Gentle and Stimulating
Promotes Regularity
For Healthy
Digestive Function*

Dietary Supplement

These statements have not been evaluated
by the Food & Drug Administration.
This product is not intended to diagnose,
treat, prevent or cure any disease.

3.38 fl. oz. (100 ml)

Swedish Bitters

secret formula rediscovered.
Lost for centuries, the secret
herbal formula Swedish Bitters,
created by Paracelsus in the
16th century, was rediscovered
by a distinguished Austrian
herbalist. Since then,
NatureWorks® Swedish Bitters
has won enthusiastic praise
from millions of Europeans
as the definitive herbal elixir.

NatureWorks® Swedish Bitters
is an artfully blended
extract of selected herbs of
unsurpassed quality.
We make the extract and
analyze it in our laboratory to
assure you of unquestionable
purity and optimum potency.
Swedish Bitters is the most
remarkable traditional
European herbal extract.

Manufactured in
Germany for

NatureWorks

a Division of ABKIT, INC.
New York, NY 10006
www.natureworks.com



SUPPLEMENT FACTS

Serving Size 2 Teaspoons
Servings Per Container 10

	Amount Per Serving	% Daily Value*
Calories	22	
Total Carbohydrate	(< 1 g)	< 1 %
Manna (stem)		
Fraxinus ornus (L)	117 mg	↑
Angelica (root)	89 mg	↑
Zedoary (root)	74 mg	↑
Aloe (leaves)	67 mg	↑
Rhubarb (root)	67 mg	↑
Senna (leaves)	67 mg	↑
Myrrh (stem)	37 mg	↑
Carline Thistle (root)		
Carlina acaulis (L)	33 mg	↑
Camphor	17 mg	↑
Black Snakeroot (root)		
Rhizoma Cimicifugae (L)	15 mg	↑
Valerian (root)	7.4 mg	↑
Cinnamon (bark)	7.4 mg	↑
Cardamom (fruit)	3.7 mg	↑
Saffron (pistil)	1.3 mg	↑

* Percent Daily Value (DV) based on
a 2000 calorie diet

† Daily Value not established

Other Ingredients:
Water, alcohol.

NatureWorks®
Put Nature To Work
For You

Suggested use:
Adults and children over
15 years of age take
1-2 teaspoons daily for
improved health and overall well
being.

For an exciting alternative
way to take Swedish Bitters,
add to a cup of herbal tea,
like Chamomile or
Peppermint, or to a glass
of your favorite fruit juice.

Shake well before using

WARNING:

Do not use this product if you
are pregnant or nursing a baby.
Do not use this product when
vomiting, nausea, diarrhea or
abdominal pain are present.

Keep out of the reach
of children.