

**Methylsulfonylmethane (MSM)** is an organic source of sulfur, one of the major building blocks of glycosaminoglycans. Glucosamine and glycosaminoglycans are key structural components in cartilage and play an important role in the maintenance of joint cartilage.\* Vitamin C is involved in collagen formation.\* Manganese-containing enzymes play a role in the production of essential cartilage compounds.\* Ginger and White Willow provide natural herbal support to this unique formulation.\*

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

 Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod.No. 6131 B6130 08E DAZ

**NATURE'S BOUNTY**

**MAXIMUM STRENGTH**

**Glucosamine  
MSM**

**COMPLEX**

**HELPS SUPPORT JOINT CARTILAGE\***

**COATED  
FOR EASY  
SWALLOWING**

**60 TABLETS**

**DIETARY SUPPLEMENT**

**DIRECTIONS:** For adults, take three (3) tablets daily, preferably with meals.

**Supplement Facts**

Serving Size 3 Tablets  
Servings Per Container 20

| Amount Per Serving                                     | %Daily Value         |
|--------------------------------------------------------|----------------------|
| Calories                                               | 10                   |
| Total Carbohydrate                                     | 2 g <1%**            |
| Dietary Fiber                                          | <1 g 3%**            |
| Vitamin C (as Ascorbic Acid)                           | 60 mg 100%           |
| Manganese (as Manganese Sulfate)                       | 5 mg 250%            |
| Sodium                                                 | 10 mg <1%            |
| Glucosamine Sulfate •2KCl                              | 1,500 mg (1.5 g) *** |
| MSM (Methylsulfonylmethane)<br>(340 mg Organic Sulfur) | 1,000 mg (1 g) ***   |
| Ginger Extract ( <i>Zingiber officinale</i> ) (root)   | 100 mg ***           |
| (Standardized to contain 5% Gingerols, 5 mg)           |                      |
| White Willow ( <i>Salix alba</i> ) (bark)              | 100 mg ***           |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Hypromellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.**

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.

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