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LABRADA
NUTRITION

LEAN BODY *for Her*

Food Based
MULTI-VITAMIN
Dietary Supplement • 90 Capsules



Jamie Eason
Jamie Eason

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 45

Amount Per Serving	% Daily Value*
Vitamin A (as Beta Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic acid and Ascorbyl Palmitate)	126 mg 210%
Vitamin D (as Cholecalciferol)	800 IU 200%
Vitamin E (as Natural DL-Alpha-Tocopheryl Succinate)	30 IU 100%
Vitamin K (as Phylloquinone)	100 mcg 125%
Thiamin (as Thiamine HCl)	25 mg 1667%
Riboflavin	25 mg 1471%
Niacin (as Niacinamide)	25 mg 125%
Vitamin B6 (as Pyridoxine HCl)	25 mg 1250%
Folate (Folic Acid)	800 mcg 200%
Vitamin B12 (as Cyanocobalamin)	25 mcg 417%
Biotin	150 mcg 50%
Pantothenic Acid (as Calcium D-Pantothenate)	25 mg 250%
Calcium (as Calcium Carbonate and Calcium D-Pantothenate)	202 mg 20%
Iron (as Ferrous Fumarate)	6 mg 33%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Citrate)	10 mg 67%
Selenium (as Selenium Citrate)	200 mcg 286%
Copper (as Copper Chelate)	1 mg 50%
Manganese (as Manganese Sulfate Monohydrate)	2 mg 100%
Chromium (as Chromium Polynicotinate)	200 mcg 167%
Molybdenum (as Molybdenum Citrate)	75 mcg 100%
Choline Bitartrate	20 mg †

Inositol	20 mg	†
Boron (as Boron Gluconate)	1 mg	†
Betaine HCl	10 mg	†
Citrus Bioflavonoid Complex (Citrus limonum, Citrus sinensis, and Citrus paradise peel)	25 mg	†
Women's Nourishing Blend (Dong Quai Root, Red Clover Herb)	125 mg	†
Veggie Juice Complex (Spirulina Microalgae, Chlorella Powder, Klamath Blue Green Algae, Green Barley Grass Powder, Alfalfa Powder, Broccoli Powder, Cauliflower Powder, Kale Powder, Brussels Sprouts Powder, Spinach Leaf Powder, Radish Powder, Carrot Powder, Beet Root Powder, Tomato Powder, Celery Stalk Powder, Onion Powder, Leek Powder, Yellow Pepper Powder)	10 mg	†

Complete Digestive Support (Amylase 50 mg †, Alpha-Galactosidase, Protease, Cellulase, Glucoamylase, Phytase, Invertase, Lactase, Lipase, Bromelain, Lactobacillus acidophilus)

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Values not established.

Other Ingredients: Hypromellose (capsules), Bamboo Stem Extract.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Take two capsules with water in the a.m. before or with a meal.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Developed by and
Manufactured Exclusively for: **LABRADA NUTRITION**
333 Northpark Central Drive, Houston, Texas 77073 U.S.A.
1.800.832.9948 • www.labrada.com

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