

# GLYCO-CARN<sup>®</sup>

**GlycoCarn Nitric Oxide Booster** is glycine propionyl L-carnitine HCL, or GPLC, a propionyl ester of carnitine that is molecularly bonded to glycine.

Studies suggest that 4.5 grams of GlycoCarn taken prior to training increases power output of muscles during exertion, buffers lactic acid buildup, and significantly augments blood levels of nitric oxide (N.O.), resulting in increased muscle pumps and vasodilation.<sup>1\*</sup>

- Increases N.O.\*
- Improves Blood Flow\*
- Increases Performance\*
- Improves Recovery\*

#### REFERENCES

1. J Int Soc Sports Nutr. 6(9): Epub Apr 2, 2009. (Jacobs, Goldstein, Blackburn, Orem, Hughes.

GlycoCarn<sup>®</sup> is a registered trademark of Sigma-tau HealthScience and is manufactured exclusively worldwide under USA production patent 6703042 and EP1202956.

# GLYCO-CARN<sup>®</sup>

**Nitric Oxide Booster\***  
Glycine Propionyl-L-Carnitine HCL USP

**LABRADA**  
NUTRITION

60 Capsules • Dietary Supplement

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

| Amount Per Serving                                               |       | %DV |
|------------------------------------------------------------------|-------|-----|
| <b>GlycoCarn<sup>®</sup> (Glycine Propionyl L-Carnitine HCL)</b> |       |     |
|                                                                  | 650mg | +   |

+ Daily Value not established.

**Other Ingredients:** Cellulose, Rice Flour, Silica, Silicified Microcrystalline Cellulose, Magnesium Stearate, Titanium Dioxide.

### Directions:

**Cardiovascular Support:** Take 2 capsules per day.

**Sport Nutrition Application:** For Workout PUMPS

– Take 6 capsules 60 minutes before exercise.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

**LABRADA NUTRITION**

333 Northpark Central Dr.,  
Houston, TX 77073, U.S.A.

©2013 LBN, Inc. 1.800.332.9948

[www.labrada.com](http://www.labrada.com)

