

Niacin is a water soluble B Vitamin which promotes heart and circulatory health.* In addition, Niacin is part of a coenzyme needed for energy metabolism and supports nervous system health.* This product is time released, formulated to release Niacin over a prolonged period of time.

NOTICE: Most people should not experience flushing when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 5800 B5800 11E

NATURE'S  BOUNTY®

TIME  RELEASED

Niacin

250mg

Promotes:

- ◆ Heart Health*
- ◆ Energy Metabolism*
- ◆ Digestive System Health*
- ◆ Nervous System Health*



DIRECTIONS: For adults, take one (1) capsule daily, preferably with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Niacin 250 mg	1,250%

Other Ingredients: Gelatin, Sucrose, Magnesium Silicate, Food Glaze.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured for
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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90 capsules

DIETARY SUPPLEMENT