

PRODUCT INFORMATION

One tablet typically provides:

		%RDA*
Vitamin A (3777iu)	1133µg RE	142
(from vitamin A prep.	750µg)	
(from beta carotene (2.3mg)	383µg)	
Vitamin C	167mg	209
Vitamin E (67iu)	45mg α-TE	375
Riboflavin (vitamin B2)	5mg	357
Zinc	4mg	40
Manganese	1.3mg	65
Selenium	50µg	91
N-Acetyl Cysteine	5mg	
L-Cysteine	5mg	
Reduced Glutathione	2.5mg	
Bilberry fruit	10mg	
Chicory root	10mg	

*RDA = Recommended Daily Allowance (new 2009 values)

DOES NOT CONTAIN: salt, wheat, gluten, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

SUPER ANTIOXIDANT

**vitamin, mineral
and plant based formula
with anthocyanidins**

**90 tablets
VEGETARIAN
FOOD SUPPLEMENT**

SUPER ANTIOXIDANT

90 tablets

**vitamin, mineral and
plant based formula**

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Contains Vitamin A. Do not take if pregnant or planning pregnancy. B vitamins may turn urine bright yellow - this is normal.

INGREDIENTS: Bulking agent: natural *Lithothamnion calcaea*; vitamin C (as ascorbic acid), beta carotene (from soya), natural vitamin E (as d-alpha tocopheryl succinate); flow agent: magnesium stearate*; anti caking agent: stearic acid*; zinc citrate, ethylcellulose, l-selenomethionine, bilberry fruit powder, chicory root powder, sodium carboxymethylcellulose, coating: methylcellulose, glycerine; l-cysteine HCl, vitamin A palmitate*, riboflavin, n-acetyl l-cysteine, manganese citrate, anti-caking agent: silicon dioxide; l-glutathione reduced. *(vegetarian source)

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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