



Healthy you
Healthy earth

NATURE'S BOUNTY

Theravim[®]-M

High Potency Vitamin Formula
with Minerals

Dietary Supplement

COMPARE AND SAVE

130 TABLETS



Prod. No. 1632
B1633 07B

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	90 mg	150%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 IU	200%
Vitamin K (as Phytonadione)	28 mcg	35%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	3 mg	200%
Riboflavin (Vitamin B-2)	3.4 mg	200%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg	200%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Dicalcium Phosphate)	30 mg	3%

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid, Mannitol, Vegetable Magnesium Stearate, FD&C Red No. 40 Lake, Starch, Titanium Dioxide Color, FD&C Blue No. 2 Lake.

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Iron (as Ferrous Fumarate)	9 mg	50%
Phosphorus (as Dicalcium Phosphate)	23 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	70 mcg	100%
Copper (as Copper Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	50 mcg	42%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	7 mg	<1%
Potassium (as Potassium Chloride)	7.5 mg	<1%
Boron (as Sodium Borate)	150 mcg	*
Tin (as Tin Chloride)	10 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Nickel (as Nickel Sulfate)	5 mcg	*
Silica (as Silicon Dioxide)	2 mg	*

*Daily Value not established.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

For Nutrition Questions or Comments?
Call NutraPhone[®] 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards[™] program, visit www.NaturesBounty.com

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