

Get Lean!
Burn Fat!

50%
LESS
CARBS
THAN ORIGINAL LEAN BODY

CarbWatchers®

LEAN
BODY®

HI-PROTEIN MEAL REPLACEMENT SHAKE



Strawberry
Ice Cream
Flavor

NET WT 2.29 oz. (65g)

LABRADA
NUTRITION®

STIMULATE LEAN MUSCLE! 40g PROTEIN*

GET STRONGER! 7000mg BCAA*

RECOVER FASTER! 7000mg GLUTAMINE*

GET LEANER! 4500mg EFA-PLEX EFAs*



LABRADA
NUTRITION
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lean Body®. Cover & blend for 20-30 seconds.
Add 1 packet (65g) of CarbWatchers®
cream flavor, add a handful of ice cubes.
or your favorite beverage. For a creamy ice
blender with 100Z, of water



Cover and shake.
(65g) of CarbWatchers® Lean Body®.
Shaker – Fill shaker with 100Z, of water
or your favorite beverage. Add 1 packet



and mix with a spoon.
(65g) of CarbWatchers® Lean Body®,
Glass – Fill glass with 100Z, of water
or your favorite beverage. Add 1 packet



Easy-to-Follow
Directions

Allergen Information: Contains Milk, Soy.

Ingredients: LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Isolate, Cross Flow Micro Ultrafiltered Whey Protein Concentrate), Natural & Artificial Flavors, EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, FiberSol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Nicotinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Salt, Beef Powder, Sucralose, Acesulfame Potassium.

Nutrition Facts	
Serving Size: 1 Packet (65g) Servings Per Container: 1	
Amount Per Serving	% DV
Calories	250
Calories from Fat	40
Total Fat	4.5g
7%	
Saturated Fat	1g
6%	
Trans Fat	0g
Cholesterol	25mg
9%	
Sodium	340mg
10%	
Total Carbohydrate	12g
4%	
Dietary Fiber	4g
14%	
Sugars	2g
Protein	40g
80%	
Vitamin A 25%	Vitamin C 25%
Calcium 50%	Iron 30%
Vitamin D 25%	Vitamin E 25%
Thiamin 25%	Riboflavin 25%
Niacin 25%	Vitamin B6 25%
Folate 25%	Vitamin B12 25%
Biotin 25%	Pantothenic Acid 25%
Phosphorus 40%	Iodine 25%
Magnesium 30%	Zinc 25%
Copper 25%	Chloride 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Total Fat	2,000
Saturated Fat	80g
Cholesterol	25g
Sodium	300mg
Potassium	2,400mg
Total Carbohydrates	3,500mg
Dietary Fiber	25g
Calories per gram:	
Fat 9	
Carbohydrate 4	
Protein 4	