

Get Lean!
Burn Fat!

50%
LESS
CARBS
THAN ORIGINAL LEAN BODY®

CarbWatchers®

LEAN
BODY®

HI-PROTEIN MEAL REPLACEMENT SHAKE



Chocolate
Ice Cream
Flavor

NET WT 2.29 oz. (65g)

LABRADA
NUTRITION

STIMULATE LEAN MUSCLE! 40g PROTEIN*

GET STRONGER! 7000mg BCAA*

RECOVER FASTER! 7000mg GLUTAMINE*

GET LEANER! 4000mg EFA-PLEX EFAs*



www.labrada.com
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LABRADA
NUTRITION

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Blender – Fill blender with 10oz. of water or your favorite beverage. For a creamy ice cream flavor, add a handful of ice cubes. Add 1 packet (65g) of CarbWatchers® Lean Body®. Cover & blend for 20-30 seconds.



Shaker – Fill shaker with 10oz. of water or your favorite beverage. Add 1 packet (65g) of CarbWatchers® Lean Body®. Cover and shake.



Glass – Fill glass with 10oz. of water or your favorite beverage. Add 1 packet (65g) of CarbWatchers® Lean Body®. and mix with a spoon.



Easy-to-Follow
Directions

Allergen Information: Contains Milk, Soy.

Ingredients: LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Isolate), Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Cocoa (processed with alkali), Natural & Artificial Flavors, EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, FiberSol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Nicotinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Salt, Acesulfame Potassium, Sucralose.

Amount Per Serving % DV		Calories from Fat 40		240	
Total Fat		Saturated Fat		Trans Fat	
6%		1.5g		0g	
Cholesterol		25mg		9%	
Sodium		400mg		17%	
Total Carbohydrate		12g		4%	
Dietary Fiber		1g		18%	
Sugars		40g		80%	
Protein		40g		80%	
Vitamin A 25%		Vitamin C 25%		Iron 40%	
Calcium 50%		Vitamin E 25%		Riboflavin 25%	
Thiamin 25%		Vitamin B6 25%		Vitamin B12 25%	
Folate 25%		Pantothenic Acid 25%		Iodine 25%	
Phosphorus 45%		Zinc 30%		Chloride 8%	
Copper 40%		Calories 2,000		Total Fat 65g	
Saturated Fat 80g		25g		300g	
Cholesterol 300mg		2,400mg		3,500mg	
Sodium 2,400mg		3,500mg		Dietary Fiber 25g	
Potassium 300g		30g		Total Carbohydrates 30g	
Total Carbohydrates 30g		Fiber 30g		Calories per gram:	
Fat 9		Carbohydrate 4		Protein 4	

Serving Size: 1 Packet (65g)
Servings Per Container: 1

Nutrition Facts