

BODY FORTRESS® SUPER ADVANCED CREATINE HP2

Body Fortress® Super Advanced Creatine HP2 is Creatine with a hardcore twist. Our scientifically engineered formula has been carefully developed to help you optimize your stamina, power and recovery from lifting.*

Our Concentrated High Performance Creatine formula includes less Carbohydrates & Sugar than the original, while still providing these critical nutrients needed for muscular energy and recovery, making our formula more effective than Creatine alone.*

SUPER ADVANCED CREATINE HP2 IS FORTIFIED WITH:

- **8g♦ of High-Quality Crea-ATP Matrix** to help boost raw strength and power.*
- **2.5g♦ of the game-changing BetaPower® Betaine Anhydrous** to support Lean Mass and Body Composition.*
- **3g♦ of Amino Acids** to support muscle nitrogen levels.*
- **22g♦ of Fast-Acting Carbohydrates** to aid workout energy and muscle glycogen recovery.*
- **and Electrolytes** to trigger muscle hydration!*

DIRECTIONS: Workout Days - For adults, mix one (1) scoop with 6-8 fluid ounces of cold water or juice and consume before your workout. Individuals weighing more than 125 lbs should consume another scoop immediately after your workout. Creatine should be consumed within 10 minutes after mixing. Take this product with an adequate daily fluid intake for hydration. As a reminder, discuss the supplements and medications you take with your health care providers.

Non-Workout Days - Take one (1) scoop with breakfast.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

BetaPower® is a registered trademark of Danisco A/S.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

♦ Per 2 Servings



YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

50 VALUE SIZE SERVINGS

**NEW
& IMPROVED
CONCENTRATED
FORMULA!**

BODY FORTRESS

SUPER ADVANCED CREATINE MUSCLE MASS & STRENGTH FUEL* **HP2**

MAXIMIZE STRENGTH & POWER*
SUPPORT LEAN MASS & BODY COMPOSITION*
OPTIMIZE RECOVERY DURING TRAINING*

Enhanced with
**BetaPower®
BETAINE**

FRUIT PUNCH
NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET WT. 2.2 lb. (35.2 oz.) (998 g)

Supplement Facts

Serving Size 1 Scoop (20 g) 2 Scoops (40 g)
Servings Per Container about 50 about 25

Amount Per Serving	%Daily Value	%Daily Value
Calories	50	100
Total Carbohydrate	11 g 4%**	22 g 7%**
Sugars	5 g ***	10 g ***
Phosphorus	126 mg 13%	252 mg 25%
Sodium	100 mg 4%	200 mg 8%
Potassium	80 mg 2%	160 mg 5%
Crea-ATP Matrix	4 g (4,000 mg) ***	8 g (8,000 mg) ***
Creatine Monohydrate, Creatine Hydrochloride		
BetaPower® Betaine Anhydrous	1.25 g (1,250 mg) ***	2.5 g (2,500 mg) ***
Nitro-Amino Complex	1.5 g (1,500 mg) ***	3 g (3,000 mg) ***
Taurine, Glycine, L-Glutamine, L-Leucine, Isoleucine, L-Valine		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Maltodextrin, Dextrose, Citric Acid, Natural and Artificial Flavor, Sodium Phosphate, Potassium Phosphate, Sucralose, FD&C Red No. 40 Lake, FD&C Red No. 40, FD&C Blue No. 1.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, preservatives, soy.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Contents are sold by weight. Some settling may occur.



Carefully Manufactured by
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