

PRODUCT INFORMATION

Four capsules typically provide:

		%RDA*
Vitamin E (30iu)	20mg α -TE	166
Thiamin (vitamin B1)	4.4mg	400
Vitamin B6 (pyridoxine HCl)	10mg	714
Folic Acid	200 μ g	100
Vitamin B12	400 μ g	16,000
Tri-methylglycine	1200mg	
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	

*RDA = Recommended Daily Allowance

INGREDIENTS: Betaine anhydrous, L-arginine HCl, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium dioxide)*; L-carnitine L-tartrate, bulking agent: microcrystalline cellulose; bromelain (carrier: potato maltodextrin); co-enzyme Q10, d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*; pyridoxine HCl, thiamin HCl methylcobalamin, folic acid. *(vegetarian source)

DOES NOT CONTAIN: sugar, salt, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

HIGHER NATURE®



CARDIO HEART NUTRIENTS

plant based nutrients
with B vitamins and
amino acids

120 capsules
FOOD SUPPLEMENT

CARDIO HEART NUTRIENTS 120 capsules

CAR120

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- ✓ Thiamin contributes to the normal function of the heart.
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation.

DIRECTIONS: Adults, take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Herpes Simplex (cold sores) sufferers are advised to consult a nutritionist before taking this product.



CAR-224-03

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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