PRODUCT INFORMATION Four capsules typically provide: Vitamin E (30iu) 20mg α-TE Thiamin (vitamin B1) 4.4mg Vitamin B6 (pyridoxine HCl) 10mg Folic Acid 200µg Vitamin B12 400 µg Tri-methylglycine 1200mg Arginine 480mg Carnitine 160mg Bromelain 60mg Co-enzyme Q10 30mg *RDA = Recommended Daily Allowance

INGREDIENTS: Betaine anhydrous, I-arginine HCl, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium dioxide)*; I-carnitine I-tartrate, bulking agent: microcrystalline cellulose; bromelain (carrier: potato maltodextrin); co-enzyme Q10, d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*; pyridoxine HCl, thiamin HCl methylcobalamin, folic acid. *(vegetarian source)

DOES NOT CONTAIN: sugar, salt, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



CARDIO HEART NUTRIENTS

plant based nutrients with B vitamins and amino acids

> 120 capsules FOOD SUPPLEMENT

CARDIO HEART NUTRIENTS 120 capsules CAR 120

- √ Thiamin contributes to the normal function of
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation

DIRECTIONS: Adults, take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Herpes Simplex (cold sores) sufferers are advised to consult a nutritionist before taking CAR-224-03

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.





HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK