

Vitamin B-12 is essential for the normal formation of blood cells and contributes to the health of the nervous system. In addition, the B vitamins play a role in energy metabolism in the body.**

Suitable for Vegetarians



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 1471 B1471 13F

NATURE'S BOUNTY

SUBLINGUAL

B-12

5000mcg

Fast Acting

Promotes Energy
Metabolism &
Nervous System
Health*



30 microlozenges VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) microlozenge daily. Place microlozenge under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	% Daily Value
Vitamin B-12 5,000 mcg (5 mg) (as Cyanocobalamin)	83,333%
Coenzyme B-12 100 mcg (as Cyanocobalamin)	**

**Daily Value not established.

Other Ingredients: Mannitol, Croscovidone, Vegetable Stearic Acid, Natural Cherry Flavor. Contains <2% of: Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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