

#### PRODUCT INFORMATION

Four capsules typically provide:

|                             |                   | %RDA * |
|-----------------------------|-------------------|--------|
| Vitamin E (30iu)            | 20mg $\alpha$ -TE | 166    |
| Vitamin B6 (pyridoxine HCl) | 10mg              | 714    |
| Folic acid                  | 200 $\mu$ g       | 100    |
| Vitamin B12                 | 400 $\mu$ g       | 16,000 |
| Tri-methylglycine           | 1200mg            |        |
| Arginine                    | 480mg             |        |
| Carnitine                   | 160mg             |        |
| Bromelain                   | 60mg              |        |
| Co-enzyme Q10               | 30mg              |        |

\*RDA = Recommended Daily Allowance (new 2009 values)

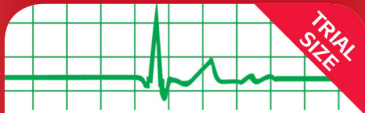
**INGREDIENTS:** Betaine anhydrous, L-arginine HCl, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium dioxide)\*; L-carnitine L-tartrate, bulking agent: microcrystalline cellulose; bromelain (carrier: potato maltodextrin); co-enzyme Q10, d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate\*; pyridoxine HCl, methylcobalamin, folic acid. \* (vegetarian source)

**DOES NOT CONTAIN:** sugar, salt, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

# HIGHER NATURE®



## CARDIO HEART NUTRIENTS

**vitamin, amino acid  
& plant based nutrition  
for healthy hearts**

**3 capsules  
FOOD SUPPLEMENT**

## CARDIO HEART NUTRIENTS 30 capsules

CAR003

101

**vitamin, amino acid & plant based  
nutrition for healthy hearts**

**DIRECTIONS:** Adults, take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Herpes Simplex (cold sores) sufferers are advised to consult a nutritionist before taking this product.

**CARDIO** supplies co-enzyme Q10, carnitine, Vitamin E, B vitamins, the amino acid arginine, plus bromelain and tri-methylglycine to support a healthy heart and circulation.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



CAR-224-02



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