

Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.*

No Artificial Color or Flavor, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com



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NATURE'S BOUNTY®

**SUBLINGUAL LIQUID
SUPER STRENGTH
ENERGY METABOLISM
FORMULA***

B-12

5000mcg

**Promotes:
Energy Metabolism*
Nervous System Health***

-  **GREAT TASTING**
-  **ALCOHOL FREE**
-  **EASY TO TAKE LIQUID**
-  **CALIBRATED DROPPER INSIDE**
-  **FAST ACTING**



**59 doses
2 fl. oz. (59 mL) DIETARY SUPPLEMENT**

Prod. No. 18187

Directions: SHAKE WELL before use. For adults place one dropperful (1 mL) daily, under the tongue and hold there for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Dropperful (1 mL)
Servings Per Container 59

Amount Per Serving		%Daily Value
Vitamin B-12	5,000 mcg (5 mg)	83,333%
(as Cyanocobalamin)		

Other Ingredients: Purified Water, Sorbitol, Vegetable Glycerin, Citric Acid, Potassium Sorbate (preservative), Natural Berry Flavor.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.