

PRODUCT INFORMATION

One capsule typically provides:
Tri-methyl glycine

500mg

INGREDIENTS: Tri-methyl glycine (as betaine monohydrate), capsule: hydroxypropyl methylcellulose*; bulking agent: microcrystalline cellulose; anti-caking agents: magnesium stearate*, silicon dioxide. *(vegetarian source)

DOES NOT CONTAIN: salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

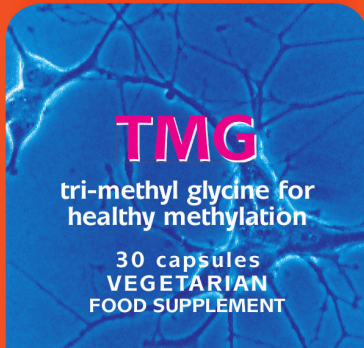
Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



TMG

tri-methyl glycine for healthy methylation

30 capsules
VEGETARIAN
FOOD SUPPLEMENT

TMG

30 capsules

tri-methyl glycine

DIRECTIONS: Take 1 capsule up to 3 times a day, 30 minutes before meals or 2 hours after meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Healthy methylation is important in maintaining normal levels of homocysteine.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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TMG-170-03

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
www.highernature.com